

P.S.H.E Curriculum

Intent Statement

At our school, the PSHE curriculum aims to develop well-rounded, emotionally intelligent pupils who live by our core values of **kindness, compassion, curiosity, creativity, resilience, and respect**. Using the **Jigsaw PSHE scheme**, enhanced with bespoke lessons, we tailor learning to meet the specific needs of our community.

Our goals are to:

- Equip pupils with the emotional and social skills to manage their well-being, relationships, and mental health.
- Foster **metacognition** and **self-regulated learning** so pupils can reflect on their learning processes, set goals, and take responsibility for their personal and academic development.
- Encourage pupils to apply **kindness, curiosity, and resilience** in their learning and interactions, preparing them for life beyond school.

Through metacognitive strategies, we aim to create lifelong learners who can understand how they think, reflect on their progress, and manage challenges effectively.

Implementation Statement

Our PSHE curriculum follows the **Jigsaw PSHE scheme**, structured around six half-termly themes: *Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships, and Changing Me*, covering statutory requirements including Relationship and Sex Education (R.S.E).

To ensure relevance to our school, we:

1. **Supplement Jigsaw lessons** with bespoke content that reflects our values and addresses school-specific needs, fostering positive behaviour and emotional well-being.
2. **Embed metacognitive practices** by teaching pupils to plan, monitor, and evaluate their learning. Activities such as self-assessments, goal-setting, and reflective journals support this.
3. **Promote our core values** across the curriculum, ensuring that **kindness, curiosity, creativity, compassion, respect** and **resilience** are integrated into daily school life, across our full curriculum offer to assemblies and extracurricular activities, for example Mindfulness Club.
4. **Support staff** with ongoing training on delivering PSHE and fostering metacognitive skills, ensuring consistency across all teaching.
5. **Engage parents and pupils** by encouraging pupil voice in PSHE planning and involving parents to support emotional and social development at home.

Impact Statement

Through our tailored PSHE approach, pupils will:

- **Exemplify our school values** such as **kindness, resilience, and respect**, visible in their interactions, relationships, and community involvement.
- **Develop metacognitive skills**, becoming reflective, independent learners capable of setting goals and managing challenges effectively.
- **Show emotional intelligence and well-being**, equipped to manage their emotions and social interactions with confidence and empathy, contributing to a positive school environment.
- **Be prepared for life beyond school**, having the resilience, creativity, and problem-solving skills to navigate future challenges and opportunities.

Progress will be tracked through assessments, pupil feedback, and observation, reflecting improvements in social and emotional development and the application of self-regulated learning strategies. Our aim is for our children to progress through school and into the wider world, equipped with the tools to lead fulfilling, compassionate, and thoughtful lives.